LINCOLN COUNTY EXTENSION HOMEMAKERS



2023 NEWSLETTER

I am very excited to be in my 5th month as the Family and Consumer Sciences Extension Agent in Lincoln County!!! I have enjoyed meeting, connecting, and networking with Homemakers, Community Members, and Leaders. I have analyzed community needs, available resources, attended trainings, and planned programs. The Homemaker Volunteer Kick-off was a GREAT Event!! This newsletter is filled with upcoming programs and community service opportunities that were showcased at our recruitment event. Homemaker Membership Opportunities are ongoing. Dues may be paid at your club meetings. You may also stop by te Extension Office to complete your Enrollment Form and pick up an envelope to mail your dues to our County Treasurer, Kathy Diaz. Please contact the Extension Office for questions and registration of programs and opportunities. Please spread the word and encourage others to join Homemakers ad attend our upcoming programs. Thank you,



Jody D. Paver Jody G. Paver

Jody G. Paver
County Extension Agent for
Family and Consumer Sciences
Jody.Paver@uky.edu





- Thousands are helping us improve services and programs in our community.
 Can you help too?
 - · KY Resident?
 - 18-Years Old?

10-minute survey at: **go.uky.edu/serveKY**





Cooperative

Cooperative Extension Service

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development one that the control of the control







Cooperative Extension Service Lincoln County 104 Meter Trail Stanford, KY 4084 606-365-2447 lincoln.ca.uky.edu

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Homemaker
 Enrollment Form

Can you find the coffee drinking ghost?



facebook.com/FCSLincolnCo







Daytime:

- Four Corners 2nd Wednesday of each month at 11 am
- <u>Happy Heart Club</u> 4th Thursday at 10:00 am for an hour to 1 1/2 hours. We try to go eat together after our meeting. Presently, we have 15 members and would love to have more join us. Brenda Hammons is the current President. We have a fun year ahead with great ideas for some fun, food, projects, speakers, learning, and more. Must pay County Homemakers' Dues plus \$5.00 for Happy Heart dues.
- Mountain Crafters 2nd Monday of each month at 10:00 am, they meet and make various crafts.
- <u>OPI (Oil Painting Instruction)</u> 3rd Wednesday of the month 10:00 am 4:00 pm If you love Bob Ross Style Painting and are serious about learning, this is the club for you! It has an upfront investment with purchasing Bob Ross Brand Paint Brushes, Bob Ross Oil Paints, and other needed supplies. To join the class, you must pay Lincoln Co Homemakers dues plus an OPI class fee of \$10.00. This is a great time filled with painting, fun, fellowship, and learning. The up-front supply requirements are costly, so this club is for serious painters only. You are welcome to stop by and visit the club meeting and talk to the members to see if you are interested in joining.
- Photo Club 2nd Thursday of each month. We currently have 13 members. Barbara Beaney is
 the current President. We usually travel by van to designated places, usually leaving by 9:30
 a.m. and returning by 4:00 p.m. Places are chosen for historical or informational reasons.
 Usually, no more than two hours travel. We learn, take pictures, eat, and will display our
 photos on FB and displays in the County and at Homemaker meetings and enter photos in
 County Fairs and Cultural Arts.
- <u>Pieceful Hearts Quilting Club</u> 3rd Monday of each month at 1 pm. Various sewing projects.
- Sassy Stitchers Quilting Club 3rd Friday of each month at 10 am. Various sewing projects.

Evening and/or Weekend:

- <u>Cuttin' Up Club</u> 1st Thursday of the month from 5:30 pm-7:30 pm, learn how to use your vinyl cutting machine. We work on paper crafts, vinyl crafts, and so much more. Join us; even if you don't have a machine, we have an extra machine for others to use. Each month is something different, and kits will be ready to purchase each month. You must RSVP so we can make sure to have enough supplies. We try to keep kits as affordable as possible, but some crafts may cost extra.
- One Piece at a Time 2nd Saturday of each month from 9 am-3 pm.We are a quilting/sewing group that works on various group projects and one large project each year.

NEW Homemaker Club:

Brand NEW EVENING Club open to all – Focus will be determined by participants.

Mailbox Member:

 <u>At Large County Members</u> will receive educational materials by mail and are invited to ALL Homemaker programs, including Leader Trainings.



Extension Homemakers Council Meeting Thursday, October 26th @ 1:30 pm at the Extension Office

September Club Dates

- 5th @ 5:30 pm Cuttin' Up Special Interest Club
- 14th @ 9 am One Piece at a Time Special Interest Club
- 9th @ 10 am Mountain Crafters
- 11th @ 11 am Four Corners
- 12th <u>Photography</u> Special Interest Club The club will leave the Lincoln Extension Office at 10am and head to Mt. Vernon to visit the Kentucky Music Hall of Fame.
- 20th @ 10 am Sassy Stitchers Special Interest Club
- 16th @ 1 pm Pieceful Hearts Special Interest Club
- 10th & 11th @ 10 am -- <u>OPI</u> Special Interest Club you need 2-3 canvases 16x20 and all your supplies. We will be able to leave our supplies overnight. Wear old clothes. If you have questions, call Brenda at 859-338-1533. Pen and ink participants may join us at this time if you'd like. This is the only paint class in October you can come for 1 or 2 days.
- 17th @ 8:30 am 4:00 pm <u>UFO</u> (<u>Unfinished Objects</u>)
- 26th @10 am- Happy Hearts



So, what are UFO's?

UFO is an acronym for Un-Finished Objects, and you know there are a lot of them when we must find an abbreviated way of saying "sewing stuff that I haven't finished yet".

UFO Days are days that we set aside at the office to have a room open for those who would like to bring a project and work on it anytime between 8:30 a.m. and 4:00 p.m.

AS WE ARE ALL NEW AND
LEARNING PLEASE LET US
KNOW IN ADVANCE IF
INTERPRETERS ARE NEEDED
FOR EVENTS, CLASSES, OR
CLUB/GROUP MEETINGS. THIS
IS SO WE HAVE TIME TO BOOK
SOMEONE.
THANK YOU

2023-2024 Leader Trainings

Homemaker Leader Training Watch parties – An educational lesson and handouts- overview and Q & A with Jody about the lesson. Please call the office if you plan to attend 606-365-2447.

- October 6th @ 10 am Cast Iron Cooking Kayla Gibson
- November IOth @ IO am Make-up tips and tricks Tara Duty
- December None
- January 5th @ 10 am Transferring Cherished Possessions Karli Giles
- February None
- March 1st We will have an Area Cooking School Savor the Flavor @ 10 am Boyle County Extension Office
- March 8th @ 10 am Basic Technology Awareness Carla Carter
- April 16th We will have an Area First Aide and health awareness program as an Area at Franklin County Extension Office.

<u>Vans sign-ups will be available for the March 1st Boyle County and April 16th Franklin County trainings. Please let the office know if you would like to ride on one or both of those days.</u>

Save the date!

- · October 8th 14th KEHA Homemaker Week!
 - October 10th Proclamation at Veterans Park Building @ 9 a.m.
- **October 13th** Area Bernheim Trip, as an Area, we are going to the Bernheim Arboretum Forest to see the Giants and have lunch. RSVP to the office and also reserve a spot if you'd like to ride in a van.
- October 27th & 28th Heritage Skill Craft Camp will be at Boyle County Extension Office
- October 31st Area Annual Meeting at Boyle County Extension Office. There will be a Halloween theme, and we are encouraged to dress up and enjoy the day! Registration information will come later. Call to reserve your spot on the van.
- November 30th Homemaker AREA Council Meeting at Jessamine County Extension Office.
- December 1st Ovarian Tea 1:00 3:00 pm
- December 2nd Breakfast and Shopping with Santa
- February 13th County Cookie Exchange (more info to come)
- March 1st- Area Cooking School @ Boyle CEO
- March 16th Bunny Breakfast and Vendor Sale to benefit 4-H Programs
- April 16th Area First Aide & Health Awareness @ Franklin CEO





CUTTIN' UP OCTOBER 5, 2023 5:30 PM-7:30 PM

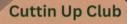
JOIN US TO LEARN HOW TO USE YOUR VINYL MACHINE TO MAKE FALL COFFEE MUG DESIGNS AND TRICK-OR-TREAT BAGS. PLEASE BE SURE TO RSVP! SUPPLIES FOR CRAFT KITS WILL BE AVAILABLE FOR PURCHASE.



Bee Vintage Notes

One Piece at a Time Club

· Vour are



November 2, 2023 5:30pm

Lincoln County Extension Office

Come learn how to use your vinylcutting machine to make a scrapbook page. Make sure to bring your machine, software to run your machine, essential tools, and machine mats.

Scrapbooking

Thanksgiving/Fall

Theme

Bring some photos to add to your scrapbook page.

Supplies will be available for a small fee to purchase for the class.

SEWING CAMP

Participants will:

- -Learn how to use their Sewing Machine
- -Sew a variety of stitches
- -Read and use a pattern

We will be making Pajama Pants and a small Zipper Bag

In this class, you will learn the fundamentals of sewing and examine the basics of fabrics, patterns, and various sewing tools. Additionally, you will learn the functions of your sewing machine and its parts while constructing your own pajama bottoms. You will use cutting techniques, guide sheet reading skills, and a variety of seams and finishes to construct and enjoy your final product. This class is for the beginning level and you must attend all dates.

Paid registration required as spots are limited.

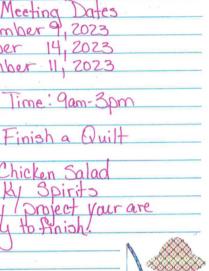
Sewing Camp Dates:

Tuesdays at 10am or 6pm

- ·November 7
- ·November 14
- ·November 21
- ·November 28
- ·December 5











Helpers Needed with Sewing and Sewing Machine Knowledge for Upcoming Sewing Camp.

Helpers will assist in helping participants:

- -Learn how to use their Sewing Machine
- -Sew a variety of stitches
- -Read and use a pattern

We will be making Pajama Pants and a small Zipper Bag



Helpers will have a Pajama Practice Day October 30
beginning at 9am to prepare for the class.
You can help with as many of the scheduled classes as
you care able.

Sewing Camp Dates: Tuesdays in November 10am and/or 6pm

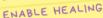
- ·November 7
- November 14
- ·November 21
- ·November 28
- ·December 5

GOOD-NIGHT BAGS

DONATIONS ACCEPTED AT THE LINCOLN COUNTY COOPERATIVE EXTENSION SERVICE, 104 METKER TRAIL, STANFORD, KY, 606-365-40484



- · NIGHTS CAN BE A SCARY
 - TIME FOR CHILDREN
- · EVEN SCARIER FOR
- CHILDREN IN
- VULNERABLE FAMILIES
- . BAGS GIVE COMFORT AND





- friendly items
 Backpacks
- Pajamas
- Socks and underwear
- Nightlight
- A Snuggle Friend
- Book
- Distributed through DCBS and like

Agencies





Blankets Made

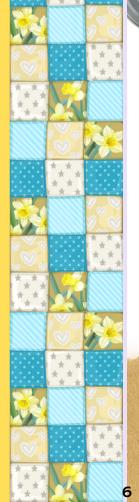
with



Use your Skills to Create and Donate

Quilt, Crochet, Sew, Knit or Make a No-Sew Fleece Tie Blanket

Donations accepted at the Lincoln County Cooperative Extension for Lincoln County Families in Need



Let's Fill the Lincoln
County Community
Food "Blessing Boxes"

DONATIONS OF NONPERISHABLE
FOOD ITEMS CAN BE DROPPED
OFF AT A LOCAL BLESSING BOX
OR AT THE LINCOLN COUNTY
EXTENSION OFFICE



Join the Ft. Harrod Homemakers for a day in Frankfort



- The State Capitol
- Serafini's
- KY History CenterCapital City Museum

RSVP with your local extension office by October 12, 2023





FRANKFORT

Cooperative Extension Service

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT





BERNHEIM **FOREST** HOMEMAKER TRIP

FRIDAY, OCTOBER 13TH

The Fort Harrod Area Homemakers will be taking a trip to Bernheim Forest in celebration of KEHA Week! County groups will meet at Bernheim at noon, enjoy a picnic lunch, and then tour the

To sign up and to receive detailed information on transportation, departure times, and lunch choices, please contact your extension office. Be advised, there will be a lot of walking on this trip, so please plan accordingly. There is no cost to sign up.



Martin-Gatton





Cooperative Extension Service





LINCOLN COUNTY **HOMEMAKERS VETERANS** APPRECIATION CHILI LUNCHEON 11:30 am November 3, 2023 **Lincoln County Cooperative Service** 104 Metker Trail Stanford, KY 40484 606-365-2447

*** LINCOLN COUNTY **HOMEMAKERS LUNCHEON PREP DAYS**

THURSDAY, NOVEMBER 2 9AM EXTENSION ROOM B MEAL PREPARATION AND COOKING DAY

FRIDAY, NOVEMBER 3 8:30AM EXTENSION OFFICE SET-UP AND **MEAL PREPARATION** 11:30 LUNCH SERVICE AND CLEAN-UP





TOBER



Times and more information can be found on page 3

;	SUN	MON	TUE	WED	THU	FRI	SAT
1		2	3	4	5	6	7
					Cuttin' Up	Leader Training Watch Party	One Piece at a Time
8	*	9 Mountain Crafters Beekeepers	OPI Proclamation @9am Veterans Park Building ON H	OPI Four Corners OMEMAK	12 Photography (ERS	13 W E E K	14 ★
15		16	17	18	19	20	21
		Pieceful Hearts	UFO Day			Sassy Stitchers	
22		23	24	25	26	27	28
					Happy Hearts		
					Extension Homemakers Council Mtg	HERITAGE CRAFT CAMP BOYLE COUNTY EXTENSION	
29		30	31 Fort Harrod Area Annual Meeting Boyle CEO				
			ζ				

Mail enrollment and fee to:

<u>Kathy Diaz 3060 KY Highway 198, Hustonville, KY 40437</u>

Please make checks payable to: Lincoln County Homemakers

Date:	
Locution.	

Enrollment Form for

	C	County Exten	ension Homemakers Association		
Name Address					
Email					
Name of	Club				
Phone:	Home ()		Work ()	
	Cell ()				
Birth year	r (Optional):				
Race (Op	tional – circle one):	White Black	c or African Ame	erican	
	Asian/Pacific Islande	r Ame	rican Indian	Hawaiian	Other
Ethnicity	(Optional - circle one):	Hispanic	Non-Hispanic		
Gender (0	Optional - circle one):	Female	Male		
Date join	ed:				
Kentucky and/or to s use and/or	ant permission to the Universe Extension Homemakers Ass supervise any others who may permit others to use informationed images in educational tion.	sociation, Inc., to by do the intervient ation from the af-	interview, photog w, photography, as orementioned inter	raph, and/or video nd/or videotaping; rview and/or the	tape me;
Signature:			Date:		_
Witness: _			Date:		_

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