

LINCOLN COUNTY HOMEMAKER HAPPENINGS FEBRUARY 2024

COUNCIL PRESIDENT: WANDA PATTERSON
COUNCIL VICE PRESIDENT: JANICE SOUTHARD
COUNCIL SECRETARY: ESTHER BAILEY
COUNCIL TREASURER: KATHY DIAZ

CULTURE ARTS-PHYLLIS PATTERSON
ENVIRONMENT HOUSING & ENERGY-
LEONI MUNDELIUS
FAMILY & INDIVIDUAL DEVELOPMENT-
KATHY DIAZ
FOOD, NUTRITION & HEALTH: ESTHER
BAILEY
4-H DEVELOPMENT: CHARLENE ARCHER
INTERNATIONAL: JANICE SOUTHARD
LEADERSHIP DEVELOPMENT:
MICHELLE PADGETT
MANAGEMENT & SAFETY: NELL MANNING

SAVE THE DATE

CULTURAL ARTS-CONTACT PHYLLIS PATTERSON

MARCH 8, 2024

TIME: 9 AM-11 AM

WHERE: LINCOLN COUNTY EXTENSION OFFICE ROOM A

PICKUP ITEMS AT 1 PM

SNOW DAY WILL BE MARCH 15, 2024

QUARTER AUCTION

MARCH 29, 2024

TIME: 1 PM-3 PM

LINCOLN COUNTY EXTENSION OFFICE

**PLEASE START BRINGING IN ITEMS FOR THE QUARTER
AUCTION.**

FUNDRAISER TASTING PARTY

SEPTEMEBER 6, 2024

TIME: 1PM-7PM

LINCOLN COUNTY EXTENSION OFFICE OPEN HOUSE

NEWS FROM LINCOLN COUNTY HOMEMAKER COUNCIL

THE NEXT HOMEMAKER COUNCIL MEETING WILL BE HELD AT THE LINCOLN COUNTY EXTENSION OFFICE ON FEBRUARY 15, 2024, AT 1:15 PM. ALL LINCOLN COUNTY HOMEMAKERS ARE INVITED TO ATTEND. ALL CLUB OFFICERS ARE HIGHLY ENCOURAGED TO ATTEND. HAVE QUESTIONS GIVE US A CALL AT 606-365-2447



Leader Lesson

March 1st from 10am-3pm



**Boyle County Cooperative Extension Services
99 Corporate Drive, Danville, KY**



**Registration begins at 9:30am.
Lunch and taste testing will be provided.**

Call **BCCES at **(859) 236-4484** to
register by **Feb. 26th!****

The Savor the Flavor program focuses on flavoring techniques and cooking methods that anyone can use. The goal of the program is to help people make home-prepared meals that are flavorful and exciting. Savor the Flavor allows people to build their skills and confidence in the kitchen through interactive recipe demonstrations, tastings, and other engaging activities. You won't want to miss it! We look forward to seeing you!



HOMEMAKERS CLUB INFO



ON THURSDAY, FEBRUARY 8TH AT 11AM, THE PHOTO CLUB WILL BE MEETING AT BARB BEANEY'S HOME. WE WILL HAVE LUNCH AND WATCH THE PBS DOCUMENTARY, "PORTRAITS AND DREAMS."

Timeless Treasures:

Date: February 1, 2024

Tasting New Recipes at 5:00pm-5:30pm

Scrapbooking: 6:00pm-8:00pm

We will continue creating our scrapbook pages please bring 2-3 pictures. Make sure to bring your Circuit machine cutting mats and the necessary software to run your machine. Everyone is welcomed to attend

PIECEFUL HEART QUILT CLUB MEETS ON THE THIRD MONDAY MONTHLY AT 1PM THEY ARE WORKING ON WINTER WONDERLAND QUILT BLOCKS COME SEW WITH

THEM!



HOMEMAKERS CLUB INFO



OPI

OUR OIL PAINTING CLASS MEETS ON THE 3RD WEDNESDAY OF EACH MONTH, WORKING ON PAINTINGS USING THE BOB ROSS PAINT TECHNIQUES.

SASSY STITCHERS MEET ON THE THIRD FRIDAY OF EACH MONTH AT 10AM TO WORK ON A MYSTERY QUILT. COME AND ENJOY A SURPRISE AT THE END OF YOUR BLOCK-MAKING!

THIS CLUB IS PROUD TO HAVE AN AMERICAN SIGN LANGUAGE INTERPRETER PRESENT AT ALL MEETINGS, ENSURING THAT EVERY MEMBER CAN FULLY PARTICIPATE AND CONTRIBUTE TO THE GROUP'S SUCCESS.



HIGH TEA

A NEW CLUB IS BEING FORMED FOR WIDOWS AND WIDOWERS TO JOIN TOGETHER MONTHLY FOR AN OUTING WITH SOCIALIZING OVER TEA AND BISCUITS (COOKIES). FOR THE MONTH OF FEBRUARY 26, 2024, WE WILL BE GOING TO HUSTONVILLE. WE WILL LOAD THE VAN AT THE LINCOLN COUNTY EXTENSION OFFICE AT 9:15 AM. OUR MAIN ACTIVITY WILL BE CREATING AN ART PAINTING WITH FAR BEYOND RUBIES FROM 10:00 AM TO 2:00 PM. THERE WILL BE SANDWICHES, CHIPS, TEA, WATER, AND COOKIES FOR LUNCH. WE WILL RETURN TO THE LINCOLN COUNTY EXTENSION OFFICE AROUND 2:45 PM.

SIGNUP & MORE INFOAMTION IN THE FCS NEWSLETTER

HOMEMAKERS CLUB INFO

HAPPY HEARTS

THIS CLUB HOLDS MONTHLY MEETINGS ON THE FOURTH THURSDAY. AT OUR LAST MEETING, WE HAD A VERY INFORMATIVE GUEST SPEAKER WHO TALKED HOW TO IDENTIFY SCAMS.

MOUNTAIN CRAFTERS

THIS CLUB HOLDS MONTHLY MEETINGS ON THE SECOND MONDAY. FOR FEBUARY THEY WILL BE MAKING AN IRISH FOLD CARD. YOU WILL NEED TO BRING SCOTCH TAPE, SCISSORS AND A RULER.

4 CORNERS

THIS CLUB HOLDS MONTHLY MEETINGS ON THE SECOND WEDNESDAY. REGUALR MEETING

Homemakers In Action

RAE OF SUNSHINE CUPCAKES

COME HELP BAKE AND DECORATE CUPCAKES FOR LINCOLN COUNTY MIDDLE SCHOOL STUDENTS' BIRTHDAYS!



BAKING DATE: FEBRUARY 20, 2024

TIME: 1:00PM-4:00PM

HANDOUT CUPCAKES AT LCMS DATE: FEBRUARY 21, 2024

TIME: 2:00PM

COMMUNITY KINDNESS BY LINCOLN COUNTYHOMEMAKERS

KINDNESS

DATE: FEBRUARY 23, 2024

TIME: 10:00AM-11:00AM



JOIN US FOR OUR MONTHLY COMMUNITY MEETING TO LEARN WAYS TO SHOW KINDNESS TO OTHERS.

OUR HOMEMAKERS ARE HELPING TO FILL BLESSING BOXES THOSE DONATIONS CAN BE DROPE OFF AT THE OFFICE AT ANY TIME.

IF YOU WOULD LIKE TO DONTATE CAKE MIXES, FROSTING OR SPRINKLES PLEASE DROP THOSE ITEMS OFF BEFORE FEBRAURY 19, 2024 TO HELP WITH THE RAE OF SUNSHINE CUPCAKES.

Ovarian Tea



**WE REACHED OUR GOAL OF \$1000
FOR OVARIAN CANCER**

**WOW, WHAT A SUCCESSFUL FUNDRAISER FOR OVARIAN CANCER!
THE HOMEMAKER COUNCIL WANTED TO TAKE A MOMENT TO
EXPRESS OUR GRATITUDE TO EVERYONE WHO HELPED WITH THE
FOOD. IT WAS ABSOLUTELY AMAZING! ALL THE SILENT AUCTION
ITEMS WAS AMAZING AND WE GREATLY APPRECIATE EVERYONE'S
DEDICATION TO THIS AWESOME FUNDRAISER.**

WE NEED YOUR HELP

AS MEMBERS OF THE LINCOLN COUNTY
HOMEMAKERS, WE ARE ALL CALLED TO BE A PART OF
THE COMMUNITY. WE ARE ENCOURAGED TO
PARTICIPATE IN ANY CLUBS, EVENTS, OR
WORKSHOPS THAT INTEREST US. BY VOLUNTEERING
OUR TIME AND TALENTS, WE CAN HELP MAKE A
DIFFERENCE IN THE LIVES OF OTHERS. WHETHER IT'S
THROUGH ATTENDING MEETINGS, PLANNING
FUNDRAISERS, OR SIMPLY LENDING A HELPING
HAND, WE CAN ALL CONTRIBUTE TO THE SUCCESS OF
OUR ORGANIZATION. LET'S COME TOGETHER AND
MAKE A POSITIVE IMPACT IN OUR COMMUNITY! FOR
MORE INFORMATION ON HOW TO GET INVOLVED,
PLEASE REACH OUT TO MICHELLE AT THE LINCOLN
COUNTY OFFICE 606-365-2447 OR
MICHELLE.PADGETT@UKY.EDU

**IF YOU ARE RECEIVING THIS NEWSLETTER, IT MEANS THAT
YOU HAVE PAID FOR THE 2024 LINCOLN COUNTY
HOMEMAKERS DUES.**

LINCOLN COUNTY HOMEMAKERS ANNUAL MEETING

COME AND JOIN US FOR THE COUNTY
ANNUAL HOMEMAKER MEETING.
LET'S SHARE A DELICIOUS POTLUCK
MEAL TOGETHER AND ENJOY THE
REFRESHING DRINKS PROVIDED BY
THE COUNCIL. SEE YOU THERE!

APRIL 9, 2024

TIME: NOON

LOCATION: LINCOLN COUNTY EXTENSION OFFICE

POTLUCK: BRING A DISH

DRINKS PROVIDED ARE TEA, LEMONADE
AND WATER

INTERNATIONAL EVENT

HEY THERE! WE ARE PLANNING AN EXCITING INTERNATIONAL EVENT! IF YOU'RE A HOMEMAKER IN LINCOLN COUNTY, WE WOULD LOVE FOR YOU TO JOIN US IN PLANNING THE DETAILS OF THIS EVENT. OUR CLUB REPRESENTATIVES, INCLUDING CLUB VICE PRESIDENTS, WILL BE NEEDED TO PLAN THE EVENT, AND WE WOULD BE THRILLED IF YOU COULD ATTEND. HOPE TO SEE YOU THERE!

THEME: CANADA
PLANNING DATES:
FEBRUARY 15, 2024
MARCH 21, 2024

TIMES WILL BE NOON-1:00PM



MARK YOUR CALENDARS FOR AN EXCITING EVENT - INTERNATIONAL NIGHT ON APRIL 23, 2024, AT 6:00 PM. WE WOULD LOVE TO SEE YOU THERE WITH YOUR FRIENDS! LET'S HAVE A GREAT TIME CELEBRATING DIVERSITY AND CULTURAL EXCHANGE TOGETHER!



Lincoln County Extension Office Events



Lincoln County FCS Facebook



Fiesta Potatoes

- | | | |
|--|--------------------------------------|-----------------------------------|
| 8 small to medium russet potatoes, peeled and sliced | 1 medium onion, chopped | parsley, chopped |
| 1 green bell pepper, chopped | 1 cup Mexican blend cheese, shredded | 1 tablespoon dried basil, crushed |
| 1 red bell pepper, chopped | 1/2 cup margarine, melted | 1/4 teaspoon salt |
| 2 tablespoons fresh | 1/2 cup low-fat milk | 1/4 teaspoon black pepper |

Preheat oven to 350 degrees F. **Place** the potatoes, bell peppers and onion in a medium pan and cover with water. **Place** over high heat and bring to a **boil**. **Reduce** heat and **simmer** 12-15 minutes, or until vegetables are tender. **Drain** the vegetables and **place** in a mixing bowl. **Stir** in the cheese, margarine, milk and seasonings until combined. **Spread** the mixture in a 9-by-13-inch baking pan that has been sprayed with a non-stick coating. **Bake** for about 20 minutes or until bubbly.

Yield: 12, 1/2 cup servings

Nutritional Analysis: 200 calories, 9 g fat, 2 g saturated fat, 5 mg cholesterol, 370 mg sodium, 24 g carbohydrates, 3 g fiber, 3 g sugar, 9 g protein.



Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.
<http://plateitup.ca.uky.edu>

Kentucky Potatoes

SEASON: Late June to October

NUTRITION FACTS: Potatoes are a good source of vitamins B and C, potassium and complex carbohydrates. They do not contain fat, cholesterol or sodium. There is only 70 calories in a 1/2 cup serving of cooked potato. Most nutrients are located just below the skin, so avoid peeling whenever possible.

SELECTION: Select firm potatoes free from wrinkles, green spots or bruises. New potatoes are immature potatoes of any variety. They are creamy, thin-skinned and small enough to serve whole. New potatoes are best in dishes that call for boiled potatoes as they will hold their shape. For baking, frying and mashing choose drier varieties such as russet or Yukon Gold.

STORAGE: Potatoes should be kept in a cool, humid, dark, well ventilated place. Do not store in the refrigerator.

PREPARATION: Potatoes should be thoroughly washed and scrubbed before cooking. Any sprouts or eyes should be cut out. Common methods of preparation include boiling, baking, microwaving, mashing, frying and grilling.

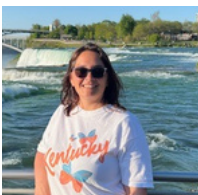
KENTUCKY POTATOES

Kentucky Proud Project
County Extension Agents for Family and Consumer Sciences
University of Kentucky, Dietetics and Human Nutrition students
November 2015

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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
Lexington, KY 40506



Disabilities accommodated with prior notification.